The USC Metabolic Health Symposium 2027

January 30, 2027

Science.
Collaboration.
Better Health for All.



The Westin Pasadena in California
Live Conference

Keck School of Medicine of USC

Presented By:
USC Office of Continuing Medical Education

ACCME
ACCREDITED WITH COMMENDATION

PROGRAM AGENDA

7:00 am **Registration and Continental Breakfast**
8:00 am **Director's Welcome and Announcements**
Alyssa L. Dominguez, MD, Katie Page, MD, MS, Harry J. Wong, MD, MS

Session I: The Metabolic Patient: One Disease, Multiple Organs
Moderator: Harry J. Wong, MD, MS
8:10 am **Rethinking Metabolic Care: From Silos to Integrated Metabolic Health: The Pasadena PRIME Model**
Katie Page, MD, MS
8:20 am **Diabetes in 2027: From Glucose Control to Multiorgan Protection**
Alyssa L. Dominguez, MD
8:45 am **MASLD in 2027: From Metabolic Risk to New Therapies**
Norah Terrault, MD, MPH
9:10 am **Protecting the Heart in Metabolic Disease: A New Era of Cardiovascular Prevention**
Parveen Garg, MD
9:35 am **Connecting the Dots: Cardiovascular-Kidney-Metabolic Syndrome**
Romela Petrosyan, MD
10:00 am Break

Session II: Lifestyle Is Metabolic Medicine
Moderator: Katie Page, MD, MS
10:25 am **What Should We Tell Our Patients to Eat? Nutrition for Metabolic Health**
Kurt Hong, MD, PhD
10:50 am **Movement as Metabolic Medicine: What Should We Prescribe?**
Stephanie Woelfel, PT, DPT, CWS
11:05 am **Interactive Movement Break (PT)**

Session III: Metabolic Health in Practice: One Patient, Many Specialists
11:25 am **The Metabolic Health Case Conference: One Patient, Many Specialists**
Moderator: Katie Page, MD, MS
Romela Petrosyan, MD (nephrology)
Alyssa L. Dominguez, MD (endocrinology)
Norah Terrault, MD, MPH (liver/GI)
Parveen Garg, MD (cardiology)
12:00 pm Lunch
1:15 pm **Medication, Endobariatrics, or Surgery? Choosing the Right Treatment for the Right Patient**
Moderator: Harry J. Wong, MD, MS
Medical therapy: Kurt Hong, MD, PhD
Endobariatric therapy: Danse Bi, MD
Metabolic surgery: Kamran Samakar, MD, MA

Session V: The Future of Metabolic Health
Moderator: Alyssa L. Dominguez, MD
2:05 pm **Beyond One-Size-Fits-All: The Future of Personalized Obesity Treatment**
Harry J. Wong, MD, MS
2:30 pm **What's Next? Emerging Therapies Transforming Cardiometabolic Health**
Katie Page, MD, MS
2:55 pm **Closing Remarks**
Alyssa L. Dominguez, MD, Katie Page, MD, MS, and Harry J. Wong, MD, MS
3:05 pm Adjourn

FACULTY

Course Directors
Keck School of Medicine of USC

Alyssa L. Dominguez, MD
Assistant Professor of Clinical Medicine
Director of Keck Diabetes Center
Division of Endocrinology and Diabetes

Katie Page, MD, MS
Professor of Medicine and Pediatrics
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Director, Diabetes and Obesity Research Institute
Division of Endocrinology and Diabetes

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Keck School of Medicine of USC Faculty

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Keck School of Medicine of USC Faculty

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Department of Medicine

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Division of Nephrology and Hypertension

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Surgical Director, Pediatric Bariatric Surgery Program, CHLA
Vice Chair of Surgery, VHH
Division of Upper GI & General Surgery

Norah Terrault, MD, MPH
Neil Kaplowitz Professor of Medicine
Chief, Division of Gastrointestinal & Liver Diseases

Stephanie Woelfel, PT, DPT, CWS
Associate Professor of Clinical Physical Therapy & Surgery
USC Division of Biokinesiology and Physical Therapy
Department of Surgery

COURSE DESCRIPTION

The Keck School of Medicine of USC is delighted to introduce the inaugural USC Metabolic Health Symposium. The symposium will feature expert speakers on metabolic conditions including obesity, diabetes, metabolic liver disease and cardiovascular disease.

Highlighted are areas of advancement including precision management of obesity using medical, endoscopic and surgical procedures, updates in treatment of type 2 diabetes, advances in metabolic liver disease diagnosis and treatment, and education on therapies in the pipeline.

The symposium will also feature audience Q&A with the experts and an interactive session with physical therapy.

EDUCATIONAL OBJECTIVES

By the end of the course, participants will be able to:

- Know medications for diabetes that protect the heart and kidneys.
- Describe new therapies for metabolic liver disease and obesity.
- Identify appropriate screening tests for cardiovascular disease.
- Examine evidence-based nutritional therapy for obesity.
- Identify emerging therapies for cardiometabolic disease.

TARGET AUDIENCE

This course is intended for primary care providers, endocrinologists, hepatologists, obesity medicine specialists, trainees, medical students, and advanced practice providers who wish to enhance their knowledge of treatment strategies.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 5.25 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

REGISTRATION

The USC Metabolic Health Symposium 2027: January 30, 2027

Early-bird price for live registration ends January 26, 2027 at 12:00 pm, PST.
After January 26, 2027: Please register on-site on January 30.

Live Tuition:	**Early-Bird**	**After January 26**
MD/DO	❑ $150	❑ $175
NP/PA/APP	❑ $100	❑ $125
RN/AH	❑ $100	❑ $125

Students/Residents/Fellows: ❑ Complimentary

Cancellation: Cancellations must be received by the USC Office of CME over email by January 26, 2027, 12:00 pm PST for a refund. A $50 cancellation fee will be applied. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

Location: The Westin Pasadena: 191 N. Los Robles Avenue, Pasadena, CA 91101

Register:
Mail: 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033
Mail-in registration must be postmarked by January 26, 2027.
Online: keckusc.cloud-cme.com/mh2027
Phone: (323) 442-2555 | AMEX, Mastercard, Visa
Email: usccme@usc.edu
On-site: Available January 30, 2027, 7:00 am, The Westin Pasadena

NAME_____ DEGREE_____

MEDICAL LICENSE NUMBER_____

TELEPHONE _____

ADDRESS_____

CITY _____ STATE _____ ZIP_____

SPECIALTY_____

EMAIL ADDRESS*_____

INSTITUTIONAL AFFILIATION_____

SPECIAL DIETARY OR PHYSICAL NEEDS_____

We strive to accommodate dietary restrictions. Please note that not all food items may meet special requirement. Food items will be labeled for your convenience.
*Registration confirmation and event reminder will be emailed.

Method of Payment:
No cash payment accepted.
❑ Check (Payable to **USC**. Check payment must be postmarked by January 26, 2027)
❑ Credit Card (Mastercard or Visa. American Express by Phone or Mail only)

CREDIT CARD NUMBER_____

EXPIRATION DATE_____ SECURITY CODE_____

AUTHORIZED SIGNER_____ AMOUNT $_____



COURSES ARE SUBJECT TO CANCELLATION.

Keck School of Medicine of USC

Office of Continuing Medical Education
1540 Alcazar Street, CHP 223
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